

West Essex Junior Bowmen Progress Awards



Date:		Distance	Yds
		Shot	Mtrs

Name:		Indoor:	
		Outdoor:	

Age:		Target Size	5 Zone	
			10 Zone	

Bow Type	Recurve	Compound	Long Bow	Bare Bow	Fibre Glass
<i>Tick one</i>					

1	2	3	4	5	6	End Total	Running Total	Hits	Golds

Grand Total			
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Archers Signature

Target Captain Signature

Round: 36 Arrows in one session or two sessions of 18

Sighters: Maximum of 12 per session at the start of your round only

Scoring: Scoring can be 5 or 10 zone scores depending on the round you are shooting
 5 Zone (9,7,5,3,1) 10 Zone (10,9,8,7,6,5,4,3,2,1)
 Ensure you understand which you can use according to the distance being shot as detailed in the progress awards scoring manual
 Enter each arrow is scored in order of highest to lowest in boxes 1 to 6. Enter a miss as M
 Enter the total of each 6 arrows in the 'end total' box
 As each end is completed, add each end total to the next in the running total box
 On completion of round, enter final running total figure in the grand total box

Hits: Enter the number of scoring arrows from each end in the hits box and add the total at the bottom

Golds: Enter the number of arrows in the Gold zone from each end in the Golds box and add the total at the bottom

Signatures: Archer must check and sign for their score in the 'Archers Signature' box and then signed by the 'Target Captain'

Completed Scores: Put all completed score sheets in the scores letter box in the target container or hand to a coach/committee member

NB: *Please ensure you complete all appropriate boxes to ensure scores are validated correctly*